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## For Immediate Release

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## CALENDAR LISTING

## Kids Food Festival Children's Discovery Museum of San Jose March 12, 2017

WHAT: Kids Food Festival

See what's cooking at <u>Children's Discovery Museum of San Jose</u> at *Kids Food Festival*, Sunday, March 12. It's fun with food! Kids of all ages are encouraged to have a good time learning about healthy eating with delicious recipes and hands-on activities and games that will tantalize and tease more than taste buds.

- Meet the challenge of a balanced-plate scavenger hunt
- Use pedal power to whip up a healthy fruit smoothie on the Blender Bike
- Nourish the soul and nourish lives by preparing food kits for distribution with <u>Rise Against Hunger</u>
- Plant a rainbow
- Get playful watching Potter the Otter is Back theatre performance
- Create "Ugly Fruit" masterpieces

<u>The Creative Kitchen® Kids Food Festival To-Go, in partnership with the Association of Children's Museums and Parents and FamilyFun magazines.</u>

WHEN: Sunday, March 12, 12 noon to 5:00 p.m.

WHERE: Children's Discovery Museum of San Jose, 180 Woz Way, San Jose

**WHY:** As part of the museum's strategic commitment <u>Childhood Obesity Prevention</u>, the

museum is committed to promoting the benefits of healthy food choices, drinking more water, and getting adequate physical activity. *Kids Food Festival* joins the museum's ongoing program *Kids Like to Move It Week* and the exhibit galleries *Rainbow Market*, *Kids in Motion*, and *FoodShed*, the museum's renovated café that features fresh, whole

and seasonal foods that are minimally processed.

**Cost of admission:** adults: \$13; children: \$13; seniors: \$12; infants and members are free. Festivities are included in the price of admission.

## **About Children's Discovery Museum of San Jose**

With over 150 interactive exhibits and programs, **Children's Discovery Museum of San Jose** is one of the largest museums of its kind in the nation. Since opening its doors in 1990, the museum has welcomed over 8.3 million visitors and has offered new exhibits each year that respond to children's diverse educational needs. The striking 52,000 square foot purple building was designed by Mexico City-based architect Ricardo Legorreta and is a beacon of discovery. Encompassing the broad themes of community, connections and creativity, hands-on exhibits invite self-directed, open-ended explorations. For more information about the Museum, visit www.cdm.org.