VEGAN "PUP"CAKES!

Bake a healthy yummy treat for your dog or chicken!

INGREDIENTS

(makes 12 pupcakes)

For the cakes:

1 1/2 cups all purpose flour

1/2 tsp cinnamon

1 tsp baking soda

1/2 tsp baking powder

pinch of salt

2 Tbsp coconut oil melted

2 Tbsp applesauce

1 cup plant-based milk (such as oat milk)

1 tsp apple cider vinegar

1 cup pureed vegetables (pumpkin, sweet potato, carrots)

1/2 cup maple syrup

For the icing:

4 oz vegan cream cheese

1/4 cup peanut butter

INSTRUCTIONS

Preheat oven to 350°F.

Put all ingredients in a blender and mix.

Pour dough into cupcake pan lined with baking paper cups.

Bake for 15-20 minutes. Cool cupcakes on cooling rack.

Meanwhile, mix the vegan cream cheese and the peanut butter together.

Once the cupcakes are cool, put icing on top using a pastry bag with a decorative tip (if you don't have one, you can spread it with a small spatula).

Enjoy with your pup!

About This Recipe

Isabelle Cnudde, founder of Clorofil, an all-volunteer animal advocacy nonprofit and micro-sanctuary in Los Altos created this recipe! As a humane educator, Isabelle gives talks about the plight of farmed animals and encourages a plant-based lifestyle. She also rescues chickens and educates the public about their care.

Learn more about Clorofil at www.clorofil.org.

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